



GOULBOURN SKATING CLUB

WINTER SESSIONS REGISTRATION DATES

Wednesday, September 5, 2007 – 7:30-9:30 pm – Stittsville Community Centre
 Wednesday, September 12, 2007 – 7:00-9:00 pm – Richmond Community Centre
 Sessions run from October 2007 through March 2008
 Club Phone: 860-1334 - Website: www.goulbournskatingclub.com

IMPORTANT: Programs are offered at Richmond Arena, Stittsville Arena and Goulbourn Recreation Complex (GRC). Please check location!

CANSKATE: Learn to skate and earn Skate Canada badges. **PARENT & TOTS:** Enjoy skating together!

What	Who	When	Start Date
Daytime Canskate and Parent & Tot	Preschool children Also, Parent & Tot session	Mon 9:30-10:20 am – Stittsville Tues 9:30-10:20 am – GRC Wed 1:00-1:50 pm – Stittsville	Monday, October 1, 2007
Evening and Weekend Canskate and Special Olympics	School-age children. Skate 1 day per week or skate 2 days per week. Discount for 2 days per week.	Mon 6-6:50 pm – Richmond Wed 6-6:50 pm – Stittsville Thur. 5-5:50, 6-6:50 pm – GRC Sat 9:30-10:20 am - Richmond	Monday, October 1, 2007

***INTRO TO STAR SKATE:** For those advanced Canskate skaters looking for more challenge and to learn more figure skating!

What	Who	When	Start Date
Intro to StarSkate and Advanced Canskate	Canskaters who have passed Badge 4 or coach-recommended	Thursday 4:00-4:50 pm – Stittsville	Thursday October 4, 2007

PREPOWER: For budding hockey and ringette players that are not yet eligible or qualified for CanPower programs. Must be working on CANSKATE Badge 3 or higher or recommended by coach. **Full hockey equipment required.**

What	Who	When	Start Date
PrePower (coached by Brent Carty)	Beginner hockey/ringette players, working on Badge 3 or higher	Tuesday 5-5:50pm - Stittsville	Tuesday, October 9,2007

CANPOWER SKATING: This program teaches skating techniques of special interest to hockey and ringette players. Full hockey equipment is required.

What	Who	When	Start Date
Canpower (coached by Brent Carty)	Skaters must have played a minimum of one year of organized hockey or ringette. Levels 1 to 6 skaters. Full hockey equipment is required	Mon. 7-8pm; 8-9pm Richmond Tues 6-7pm Stittsville Tues 7-8pm Stittsville	Monday, October 1,2007 Tuesday, October 9, 2007

SYNCHRO: Enjoy working with a team of skaters in synchronicity. Participants will attend at least 1 competition and a showcase performance. Try-outs are required. A Minimum skating skill is required.

What	Who	When	Start Date
Synchro	Badge 6 or higher or coach recommended	Wednesday 5-5:50pm - Stittsville Sat 8-9:50am - Stittsville Additional on ice may be required. OFF-ice is required.	Wednesday October 3, 2007

LEARN TO SYNCHRONIZE SKATE: Anyone interested in learning more about synchronized skating.

What	Who	When	Start Date
Learn to Synchro	Badge 4 or higher	Wednesday 4-4:50pm – Stittsville	Wednesday October 3 , 2007

FIGURE SKATING – STARSkate & Competitive Streams: STARSkate ice includes stroking, skills, dance and freeskate. See the Test/Competitive Session and Fee Schedule which will be posted on our website www.goulbournskatingclub.com, and posted on the bulletin boards at the arenas.

What	Who	When	Start Date
Primary <ul style="list-style-type: none"> • 30 minute group lesson • 20 minute work on your own 	Skaters who are interested in learning figure skating and progressing beyond badges– must have passed Stage 4 in the CANSKATE program or be recommended by coach.	Tues 4:30-5:20 pm - Richmond Fri 6:00-6:50 pm - GRC Sat. 8:30-9:20 am - Richmond	Week of Oct 1/07
Juniors	Skaters who have not yet passed 2 complete Preliminary tests	Tues 4:30-5:50 pm - Richmond Wed 5:20--6:50 pm – GRC Fri 5:20-6:50 pm - GRC Sat 8:30-9:20 am – Richmond	Week of Oct 1/07
Intermediate	Skaters who have passed 2 complete Preliminary tests	Mon 4:00-5:50 pm - GRC Tues 6:00-7:20 pm - Richmond Wed 4:30-5:35 pm - GRC Fri 3:00-4:20 pm – GRC Sat 10:30-11:50 am – Richmond	Week of Oct 1/07
Senior	Complete Jr. Bronze Freeskate or two complete Senior Bronze tests	Mon 6:00-7:50 pm - GRC Tues 6:50-8:20 pm - Richmond Fri 3:00-4:20 pm – GRC Sat 10:30-11:50am – Richmond	Week of Oct 1/07
Open Sessions	All STARSkate including adult Starskate and competitive skaters.	Mon, 4:30pm-5:50 pm Richmond Wed. 3:00-4:20 pm - GRC Thurs 7:00-7:50 am – GRC	Week of Oct 1/07
Adult Learn to Skate Includes coaching	Any adult wishing to learn to skate or improve their skills.	Tues 8:00-8:50pm – Stittsville Thursday 8:00-8:50am GRC	Tuesday, October 2/07

PLEASE NOTE:

- FUNDRAISING IS MANDATORY FOR ALL REGISTERING SKATERS (except Canpower and PrePower).** You will be required to buy a \$60.00 case of chocolate bars from the GSC (1 case per skater; maximum 2 cases per family). Sell the chocolates, and recoup your \$60.00. This helps keep registration costs down for everyone. A buy-out fee of \$30.00 is available for those who do not wish to purchase the chocolates.
- The annual Skate Canada fee, equal to \$30.00 per skater, / per year for each of the parent and the child on the Parent & Tot sessions.
- No Canpower ice on Monday, October 8th, 2007, December 24, 25th, 31st 2007 & on January 1st 2008.
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- CANPOWER: In Person Registration Only.** We have 2 registration nights for ALL the programs, regardless of Arena location. If you attend the Stittsville registration night, you may register for programs held at the Richmond Arena; if you attend the Richmond registration night, you may register for programs held at the Stittsville Arena. See you at Registration Night!
- Our Synchro Team skating has already started. If interested, please check website and call the Club.
- The Club reserves the right to alter programs in response to registration and as a result of ice changes from City of Ottawa. This may include session cancellations without prior notice.
- City Ice costs went up 5.6% this year! That increase is reflected in our prices.

SPECIAL NOTE: Please check website for any program or schedule changes or other Club news! www.goulbournskatingclub.com